Introduction

Sucking lice are small wingless external parasites that feed on blood. Three types of sucking lice infest humans: the body louse, Pediculus humanus humanus Linnaeus, also known as Pediculus humanus corporis; the head louse, Pediculus humanus capitis De Geer; and the crab louse or pubic louse, Pthirus pubis (Linnaeus).

The head louse and the body louse are morphologically indistinguishable, but are easily distinguished from the crab louse. The crab louse usually infests the hairs of the pubic and perineal regions, but may move to the armpits, beard, or mustache. It occurs rarely on the eyelids and in a few instances has been found in all stages on the scalp of unusually hairy individuals. It is relatively immobile when on the host, remaining attached and feeding for hours or days on one spot without removing its mouth parts from the skin.

Although they are irritating pests, crab lice are not known to be vectors of human diseases, whereas body lice and head lice are known to be vectors of at least three human diseases: epidemic or louse-borne typhus, caused by Rickettsia prowazeki de Rocha-Lima; trench fever, caused by Rochalimaea quintana (Schmincke) Krieg (long known as Rickettsia quintana); and louse-borne relapsing fever, caused by Borrellia recurrentis (Lebert) Bergy et al. (PAHO 1973).

Crab lice most commonly inhabit adults and are not found on children prior to puberty. Infestation with crab lice is said to result most often from contact during coitus. As with body lice and head lice, but less so with crab lice, transmission may occur from crowding of infested clothing with uninfested clothing in locker rooms and gymnasiums, by sleeping in infested beds, or from contact with badly infested persons in a crowd. Pubic lice tend to remain on their hosts throughout their lives unless dislodged, taken off with clothing, or controlled.

Little is known about the incidence of infestation with Pthirus in a human community, but generally it seems to be much lower than with Pediculus. Humans differ in their sensitivity to the bite of Pthirus. To most it causes less irritation than that of Pediculus.

**Hosts and Distribution**

The crab louse occurs on man in many parts of the world and is almost exclusively a parasite of man. Ferris (1951) noted that it had been recorded from a chimpanzee from the French Congo.

**Biology and Morphology**

Most of what is known of the biology of *Pthirus* is due to two authors (Nuttall, 1918, and Payot, 1920) who confined small numbers beneath a stocking or in a small enclosure on the skin and observed them daily. From these studies the complete life history was obtained. A quantitative knowledge of the biology of *Pthirus* is still unavailable. In general, the biology of *Pthirus* and *Pediculus* are similar. Buxton (1947) gave a brief account of the biology of *Pthirus*. He indicated that the egg resembles that of *Pediculus*, but is smaller. The mass of cement which secures the egg to the hair is larger in *Pthirus*, and its shape is somewhat different.

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Louse eggs are usually referred to as nits.

**Synonymy**

- 1816. *Pediculus ferus* von Olfers, De vegetativis et animatis corporibus in corporibus animatis reperiundis commentatius, p. 83. (Definitely a synonym of *Pthirus pubis* (Linnaeus).)
- 1935. *Pthirus pubis* (Linnaeus), Ferris, Contributions toward a monograph of the sucking lice, part 8: 603.

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The female lays two to three whitish eggs during a 24 hour period. Each female may lay 15 to 50 eggs over her lifetime. The eggs hatch within six to eight days. The first instar nymphs feed for about five to six days before molting. The second instar is completed within nine to ten days and the third instar takes about 13 to 17 days. The mature adults live for about 15 to 25 days.

Neither nymphs nor adults move about very much. While feeding a crab louse grabs human hairs with at least one of its second or third legs which are adapted for this purpose. Lice do move about slowly after molting. The louse inserts its mouth parts into the skin of the host, and takes blood intermittently for many hours. Neither larvae nor adults can survive more than twenty-four hours without feeding.
Nymphs resemble adults, and metamorphosis is incomplete.

Figure 2. Head louse (left) and crab louse (right). Credits: Division of Plant Industry

Figure 3. Crab louse, *Phtirus pubis* (Linnaeus). Credits: University of Florida

The crab louse may be distinguished readily from the body louse or head louse by the following: forelegs delicate, with long, slender claws; other legs very stout, with short, stout claws; thumblike process of tibia short and stout; abdomen very short and broad; segments 1-5 closely crowded, thus the stigmata of segments 3-5 apparently lying in one lateral processes. All legs of the body louse or head louse are stout; thumblike process of tibia very long and slender, bearing strong spines, forelegs stouter than the others; abdomen elongate, segments without lateral processes.

**Management**

The presence of eggs (nits) is the most important indication of a problem because they are easier to see and inactive, whereas the lice are near the skin feeding.

Delousing methods practiced for many years prior to and during the early part of World War II were cumbersome and usually expensive. Methyl bromide, a fumigant which would destroy all stages of the louse, but which is dangerous to use, was developed in the interval between the two World Wars.

Usually treatments effective against head lice can be used also against crab lice. The liquid or powder must be applied to the pubic and anal regions of the body, underarms, and wherever the body is hairy. In particularly hairy persons, the lousicide should be applied from neck to foot, perhaps also to eyebrows and beard. The material should be well distributed and should reach the skin.

Over-the-counter preparations containing insecticides are normally used for treatment. Detailed instructions are on the label and usually require about two applications over a week. This is due to the six to eight day hatching period of the eggs. Two applications over this time usually ensure that all the adults and nymphs are killed. Contact with an infested person usually will require retreatment.

Insect Management Guide for Body Lice and Pubic Lice

Adequate sanitation, including frequent changes of clothing, and laundering of clothing and bedding in hot water, or dry cleaning, may be effective for decontamination of these articles, but lousicides must be used to control lice on human hosts because lice are not killed by ordinary shampoos or bathing.

**Selected References**


